

## PREScription EYEGlasses

Treatment recommendations may include the use of lenses to compensate for conditions such as nearsightedness, astigmatism or farsightedness, or to help alleviate visual stress from computer use or other near point work such as reading, writing or craft projects. A prescription may be recommended in some cases as a developmental or preventive lens to aid in the proper development of an immature visual system, or to prevent problems from occurring in those diagnosed at risk.

We maintain a complete fashion frame dispensary and use only the highest quality materials. Exact measurements are always taken to uphold the highest standard of quality and accuracy of our prescriptions.

## CONTACT LENSES

Our office provides a full range of contact lenses, including gas permeable, tinted, extended wear, disposable, daily wear lenses, and soft lenses for astigmatism. Because of new innovations in contact lens design, we are able to fit people who were previously unable to wear contact lenses.

## OFFICE HOURS

Except in cases of emergency, we see patients by appointment. This allows us to reserve ample time for consultation and discussion. Our hours are:

Mon, Tues, Wed	10:00 am to 6:00 pm
Thurs, Fri	12:00 pm to 6:00 pm
Saturday	9:00 am to 1:00 pm
Sunday	Closed

We are available for 24 hour emergency coverage. After hours you can reach our office by calling 203-840-1991 and you will be referred to an emergency number to reach the doctor on call.

## DO I NEED A BEHAVIORAL OPTOMETRIST?

You need a Behavioral Optometrist if you:

- ◆ Are a school-aged child
- ◆ A child with learning or reading difficulties
- ◆ A child with “behavioral problems”
- ◆ Diagnosed with ADD/ADHD
- ◆ Participate in sports
- ◆ Work at a computer
- ◆ Have a visually-demanding job
- ◆ Suffer from eye strain, burning or itchy eyes
- ◆ Have suffered a stroke or traumatic brain injury

To Learn More About  
Behavioral Optometry  
And Our Practice  
Visit Our Website:

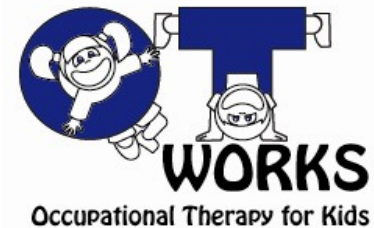
[WWW.VTOTWORKS.COM](http://WWW.VTOTWORKS.COM)

## WELCOME TO OUR OFFICE



### Vision Works

139 Main Street  
Norwalk, CT 06851  
(203) 840-1991  
Fax (203) 840-1980  
[rschuls@aol.com](mailto:rschuls@aol.com)  
[www.vtotworks.com](http://www.vtotworks.com)



### Terri R. Epstein, OTR/L Occupational Therapist

139 Main Street  
Norwalk, CT 06851  
(203) 847-5200  
Fax (203) 840-1980  
[www.otworksforkids.com](http://www.otworksforkids.com)  
[www.vtotworks.com](http://www.vtotworks.com)

## BEHAVIORAL OPTOMETRY

Behavioral Optometry recognizes that vision directly affects how we think, how we solve problems and even how we feel. The way we see influences all our daily interactions with our family, friends and peers.

As behavioral practitioners, we are concerned with not just what you see but how you see and how efficiently you use your eyes. We treat the total person; we look at not only the structure of the eye but how your visual system functions and we emphasize prevention, education and remediation.

During the examination we discuss symptoms, general physical health and family history. To better understand visual functioning, we explore the special visual needs and visual demands of your day to day activities.

In our visual evaluation, we are concerned with the clarity of eyesight, ocular motility and visual function, checking binocular vision or how the eyes move and work as a team as well as depth perception and focusing. We carefully examine the internal and external eye health to check for general health and eye diseases. When all the tests have been completed, we will go over the findings and explain how your vision works and how it affects day to day activities and what can be done to make improvements.

## VISION THERAPY

Vision therapy is a proven and effective way to treat numerous vision difficulties. Utilizing lenses, prisms and filters in an individualized program of activities, we help you learn to use your vision in the most efficient manner with the greatest amount of ease and comfort.

## OCCUPATIONAL THERAPY

Occupational therapy enhances childhood development, minimizes delays, resolves existing problems and promotes family education. The occupation of a child is primarily play. Through the use of purposeful activities presented as play the occupational therapist evaluates and treats the sensory and motor abilities of the child to enhance development, improve coordination, balance, motor development and strength.

## OUR STAFF

**Our caring staff works together as a team, contributing greatly to the warm and relaxed atmosphere of our office. We are devoted to helping our patients feel at ease with many aspects of their care and are always available to answer any questions they may have.**



**Dr. Randy Schulman,  
MS, OD, FCOVD**  
Behavioral Optometrist

Dr. Schulman graduated cum laude from the University of Pennsylvania where she received her Bachelor of Arts degree in Psychology. She graduated with her Doctor in Optometry and Masters in Vision Science degrees from the State University of New York, State College of Optometry. She received her Fellowship in the College of Optometrists for Vision Development and is an Associate member of the Optometric Extension Program. She has lectured extensively on such topics as vision in the classroom, vision and aging, visual difficulties in the developmentally delayed, and lectured and published on vision and autism. She specializes in vision therapy, pediatrics, learning disabilities and preventative and alternative vision care for all ages. Her staff of vision therapists have over 30 years of combined experience, providing individualized in-office therapy.

**Dr. Juanita Collier, MS, OD**  
Behavioral Optometrist



Dr. Collier earned her Bachelor of Arts degree in Biology from the University of Pennsylvania. She then graduated from the State University of New York, State College of Optometry with her Doctor degree in Optometry. While on the Dean's List, she conducted research on Computer Vision Syndrome and received her Masters degree in Vision Science. She is licensed in treating and diagnosing ocular disease and is proficient in the latest technologies for ocular disease management. She has also completed an additional Pediatric and Vision Therapy externship with an emphasis on Visual Perception at the University Optometric Center in New York City. She specializes in pediatrics, vision-related learning difficulties, corneal refractive therapy and myopia control, and primary vision care for patients of all ages.

**April Banores**  
Head Vision Therapist



April Banores graduated Newbury College with an Associate degree in Respiratory Therapy and is a certified Respiratory Therapist and certified EMT with the Town of Westport. April has an extensive background working predominantly with children. She has been a Vision Therapist with Dr. Schulman for over 14 years and has completed all of the written requirements for certification in The College of Optometrists in Vision Development (COVD). Her expertise ranges from children with autism, developmental delays and learning disabilities, to recovering stroke patients, to the elderly suffering from age related vision difficulties.



**Debra Murray**  
Certified Vision Therapist

Debra Murray earned her Bachelor of Arts degree in Sociology and a minor in Psychology from the University of Massachusetts/Amherst. She is a certified vision therapist, having completed all requirements through The College of Optometrists in Vision Development (COVD). Deb has worked for Dr. Schulman for over 5 years, working with special needs children including those with autism and developmental delays. She has worked with recovering stroke patients, and seniors with age related vision difficulties. Her previous work experience includes working with special needs populations ranging from school age children to seniors and as a pre-school teacher, working with ages 18 months to 4 years.

**Terri R. Epstein, OTR/L**  
Occupational Therapist



Terri Epstein has over 16 years of experience in Occupational Therapy with 4 years of neonatal intensive care experience and has also worked in the school setting. She is certified in administering and interpreting the SIPT-Sensory Integration and Praxis Tests, and is trained in the Therapeutic Listening Program™ and Handwriting Without Tears™. Terri also earned a degree in Special Education and has the honorary title of Clinical Associate from Boston University for educating OT Students. Terri was a clinical specialist in Pediatrics at Norwalk Hospital prior to her private practice.



